

Health Champions



Together, we are the Whitegate End
Health Champions

As Health Champion Ambassadors, Jack and Sean have been promoting the campaign 'Healthy Me', 'Moving Me' and 'Swap Screen' at Whitegate End.

Our mission is to ensure that everyone in our school is spending less time on computer games or TV and enjoy themselves, getting fit physically and mentally.



Healthy Mind



Healthy eating



What we have achieved so far:

- Promoted healthy messages through our weekly Trophy Assembly. Every Friday, give out an award for the person who has the most healthy mind-set or being active.
- Helped people to use new exercise equipment in the playground safely.
- Took part in the Radclyffe Sports Day, competing in different events.
- Attended all meetings and workshops, learning how to keep fit and healthy.
- Helped organise Sports Day, ensuring that everyone took part and enjoyed themselves
- Helped the school take part in the Walk to School Week.



Health Champions Gallery

