



Our approach to PSHE at Whitegate End

Overview of what the subject entails

PSHE is taught weekly by class teachers supported by the school learning mentor and subject lead. The subject aims to address challenges and support them with changes that pupils may face in their lives both inside and outside the school environment. Although we follow a scheme of learning to ensure coverage and progression throughout each year group we do change and adapt to the ever changing needs that arise within school, locally and on an international stage. Daily assemblies take place in a number of different formats in which issues related to PSHE and the wider community are discussed and reflected upon.

Why we teach PSHE

We believe that PSHE is a vital element of child's learning and development. Pupils require different skills, knowledge and tools to help them thrive in an ever changing and modern Britain. We are determined for our children to have the toolkits to make a positive contribution to society and deal with any changes and challenges that may arise.

Principles

We enable each child to :

- Have a secure understanding of three key age appropriate areas: Health and wellbeing, relationships and living in the wider world.
- Be taught basic life and personal safety skills in EYFS.
- Have knowledge of age appropriate issues that arise specifically to the school or nationally/ internationally.
- Have knowledge of the areas covered in the new RSE statutory guidance from September 2020.

RSE in the curriculum

From September 2020 RSE (relationships and sex education) will become a compulsory element of the curriculum. We have already implemented the guidance and in consultation with parents developed an age appropriate delivery from the statutory guidance.

This guidance also sets out both the rights of parents/carers to withdraw pupils from sex education (but not Relationships or Health Education. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of



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statutory RSE. At Whitegate End we teach relationship and health education as part of our PSHE curriculum. We do not teach sex education but if the need arises will review and assess this in consultation with parents. As part of the science curriculum in year 5 and 6 pupils do learn about the physical and mental changes that will happen to them during puberty. This is delivered by experienced practitioners using age appropriate and sensitive resources. To avoid potential embarrassment pupils are taught by gender when learning about the physical changes that will occur in their bodies.

Development of Skills

In order for children to be prepared for life in Modern Britain we focus on key life skills that will support children as they develop.

In the Early Years priority is given to basic hygiene, road safety keeping themselves safe around strangers and road safety.

In KS1 children begin to examine different healthy relationships that occur within the home, money skills and also areas such as bullying (both cyber and face to face). In addition to this, skills will be built on a flexible basis once needs arise on both a local and national level.

In KS2 in addition to the building of life skills in our weekly connected curriculum sessions children study economic wellbeing, emotional wellbeing, physical wellbeing and relationships. SRE is also built into this time. In addition to these skills will be built on a flexible basis once needs arise on both a local and national level.

How it is taught

PSHE is taught on a weekly basis by the class teacher in some cases is supported by the school's pastoral manager. This is supplemented by whole school initiatives such as anti-bullying week. Flexibility is also available to be built into the curriculum if certain issues arise within certain year groups. A range of assemblies throughout the week address PSHE themed topics.

Individual groups of children who may be vulnerable or over exposed to issues discussed are given extra pastoral support and content is sensitively delivered to avoid causing any upset or distress to pupils.

Assessment of the subject and how this is used

Staff record learning from PSHE sessions in a class floor book which travels with them throughout school. The subject leader and class teacher can then assess pupils and monitor coverage.

Links to other areas of the curriculum

PSHE is not obsolete and can be applied to many other areas of the curriculum including connected curriculum sessions, PE and science.